

The Newyorker Times

The newsletter of Poughkeepsie, New York, Chapter of the Barbershop Harmony Society



New Series, Volume 5
Poughkeepsie, New York

Number 12
December 2004

Installation Dinner

By Scott Salladin, Chapter President

This year's Installation Dinner will be held on Saturday, 22 January 2005, at 6:30 p.m. at Hickory Barbecue and Smokehouse, 743 Route 28, Kingston, NY.

PROGRAM

Installing Officer: NED District President Greg Caetano
Installation of the 2005 Officers
Newyorker of the Year Award
Chorus and quartets perform

DINNER BUFFET STYLE

APPETIZERS (on table)

Sourdough Battered Fried Onion Rings, Hush Puppies
w/Maple Butter, Soy Glazed Chicken Wings w/Peanut
Dipping Sauce, Biscuits & Cornbread

SALAD (on Buffet)

Chopped Salad with Romaine, Tomatoes, Cucumbers, and
Red Onion

ENTREES (on Buffet)

"Chef Hickory's" Legendary 48-hour Free Range Chicken,
St. Louis Style Spare Ribs, Hot Smoked Atlantic
Salmon

SIDES (on Buffet)

Veggie of the Day, Garlic Mashed Potatoes

BEVERAGES (Table Service)

Soda, Iced Tea, Lemonade, Coffee, Tea

DESSERTS (on Table)

Scoop of Jane's Homemade Ice Cream

Cost: \$27.00 per person

A cash bar will be offered featuring happy-hour pricing of
Keegan Ales and well drinks.

Reservation requests are to be made with Scott Salladin;
they may be sent to him at Eden Roc Apartments, 166 Academy
St. A-2, Poughkeepsie, NY 12601 (NOTE NEW ADDRESS), by
15 January 2005. Print your name, give the number of persons in
your party, and enclose a check payable to Poughkeepsie
Newyorkers for the total amount.

"A mistake not corrected is another mistake."

Renew Your Membership Online

By Reed A. Sampson

Managing Director of Public Relations, SPEBSQSA

There are two ways to get into Members Only so that you
can renew your membership online. The first is to click on the
Members Only link on the SPEBSQSA web page
(www.spebsqsa.org) and enter your member number and your
password. Forgot your password? No problem. Just click on
"Forgot my password" and a password will be e-mailed to you.
You can also get into Members Only by using the priority code
on the mailing label of your Harmonizer. Once in Members
Only, click on "Renew your membership online." Follow the
steps using a Visa or MasterCard to renew. It's convenient,
quick and easy, and your renewal is processed right away. You
can also check if you are due for renewal or already paid.

Membership Renewals for 4th Quarter

By Scott Salladin, Chapter Secretary

The following members are requested to pay their chapter
and Society Dues. You can do this on the Society's web site at
www.spebsqsa.org (see preceding article). You can also call the
Society at: 800-876-7646 ask for membership or Nicole Clellan-
d at Ext. 8456. You may also mail to the Society's address:

Barbershop Harmony Society
7930 Sheridan Rd
Kenosha, WI 53143

Raymond L Brock

James Facciolla

John Haverkamp

Frank Ruggiero

Richard Schaffer

George Trigg Rudolph Veltre

Charles Cortellino

Stephen Hagerdon

Douglas Murray

Scott Salladin

John Tacinelli

Corrections to November Issue

The date for Harmony for Hospice was incorrectly given in
the "Coming Events" (See "Corrections" on Page 2)

The Newyorker Times

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of the
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 VP, Music and Performance Steve Hagerdon
 Secretary Scott Salladin
 Treasurer Mike Murphy
 BOD Members at Large Ray Brock
 Bob Chieffo
 John "Duke" Chisholm
 Public Relations Officer Vacant
 Youth Outreach Bill Standish
 Chorus Director Renée Silverstein
 Chorus Manager Steve Hagerdon

Meetings

Wednesdays, 7:30 p.m.
First Reformed Church
70 Hooker Avenue
Poughkeepsie, New York
ALL SINGING MEN WELCOME

Website address www.newyorkerschorus.org



12 Dec Holiday Chorus performance, "Harmony for Hospice," Poughkeepsie Galleria Center Court, 3:00 p.m. Uniform: full performance uniform minus jacket
 15 Dec Holiday Chorus performance, Vassar-Warner Home; meet at church at 7:00 p.m. Uniform as above
7-9 Jan 2005 COTS 2005, Conway, NH
 15 Jan Holiday Chorus performance, Castle Point VA Hospital, 1:00 p.m. Uniform as above
 22 Jan **Installation Dinner, 6:30 p.m., Hickory Barbecue and Steakhouse, 743 Rte. 28, Kingston**

Poughkeepsie Chapter Mission Statement

To perpetuate the art of Barbershop Harmony, and
 To promote and provide opportunities for vocal harmony activities for its members and potential members such as, but not limited to,
 Quartetting

Vocal crafts and techniques
 Coaching
 Chorus singing
 Competitive preparation and participation,
 and
 To provide public appreciation of barbershop harmony through public and charitable performances, and
 To promote good fellowship and camaraderie among its Membership, and
 To foster and enhance the ideals and principles of the Barbershop Harmony Society

DEADLINE FOR NEXT EDITION
29 DECEMBER

Happy Birthdays in December:

Vittoria Sprague 2
 Jim Facciolla 6
 Scott Salladin 16
 John Hadigan 19
 Eric Bram 21
 Marian Harlow 25

Happy Anniversaries in December:

Vic and Ann Salladin 18
 Bill and Barbara Booth 26
 Steve and Mary Hagerdon 27
 Jack and Carol Ostmark 30

Corrections (From Page 1)

section. The correct date is 12 December, not 19 December. Please be sure your own calendars are correct.

The article on the Newyorkers ranking in the District Chorus Contest incorrectly stated that we ranked 9th in 2003. The correct ranking for 2003 was 14th. It is worth recording that our percentage score in 2004 was actually higher than in 2003, by 0.3 percentage points.

We apologize for these errors.

Song of the Valley Show on 5 December

From the chorus's flier

Song of the Valley Chorus of Sweet Adelines International will present its annual show on 5 December at 3:00 p.m. on Sunday, 5 December 2004, at the Monroe-Woodbury High School in Central Valley. The show is entitled "Seasons of Harmony," and (See "SOV Show" on Page 3)

SOV Show (From Page 2)

features, in addition to the chorus itself, the following groups: Just 4 (kicks), Sheehan Gormley Dancers, TNT Tappers, and the Newyorkers' own Footlighters. Tickets in advance are \$13.00, at the door \$15.00; seniors and students \$10.00, and children 10 years old or under free. "Come and enjoy a delightful afternoon of holiday entertainment."

For more information or advanced ticket purchase, contact Bonnie D'Jovin

7 Ridge View Road
Salisbury Mills, NY 12577
Telephone 845-496-7573
E-mail rdjovin@frontiernet.net

Information Needed

The editorial office is still missing some information. We do not have wedding anniversaries for the following couples: Lew and Mary DiStasi, Ralph and Marian Harlow, John and Elinor Haverkamp, Ron and June Pierson, and Rudy and Eleanor Veltre. We are also missing birthdays for Mary DiStasi and Barbara Plumb. We urge the parties concerned to provide the missing data.

Sacred Gold Concert Features Gold Medal Chorus

From *BHS LiveWire Newsletter*, 12 November

The chorus: The most awesome assemblage of gold medal singers ever, combined with the 360 voices of the internationally renowned Mormon Tabernacle Choir.

The place to be: Salt Lake City 2005 International Convention, Sunday morning, 10 July 2005, after the competition is over. Following the "Music and the Spoken Word" broadcast from the 20,000 seat, state-of-the-art Latter Day Saints Conference Center there will be a Free* Concert featuring

the world renowned Mormon Tabernacle Choir, Dr. Craig Jessop, Music Director;

the exclusive debut performance of the 600-voice Barber-shop Harmony Society Gold Medal Chorus under the direction of Jim Clancy and Dr. Greg Lyne;

and an incredible finale of the 960 combined voices of the Mormon Tabernacle Choir and the Society's gold Medal Chorus under the direction of Dr. Craig Jessop; plus guest performances by Acoustix, Four Voices and Power Play!

Be a part of this incredible event. For the first time, a gold medal chorus featuring every living Gold Medalist Quartet and Chorus member! Champion Gold Medalist Quartets, Senior's Champions, and College Quartet Champions will be invited to perform in this, the largest Gold Medal Chorus ever assembled in the history of barbershop—perhaps even the world! A special invitation has been extended, and the chorus will be limited to the first 600 gold medal singers to respond.

If you are a Society quartet or chorus Gold Medalist and you wish to participate, send your name, quartet or chorus name, championship year, and voice part, to

GoldMedalChorus@spebsqsa.org

or

Barbershop Harmony Society
7930 Sheridan Road
Kenosha, WI 54143.

Visit www.SPEBSQSA.org/goldmedalchorus for more information.

*This special concert is being presented for all registered attendees of the 2005 International Convention.

The Ten Vocal Commandments Every Serious Singer Should Keep

From *TheSingingSpot.com Newsletter*,
Provided by <http://YouCanSingwithImpact.com>
by way of the Harmonet,
courtesy of Christopher Baker
Forwarded by Scott Salladin

I. THOU SHALT keep the vocal cords moist at all times:

a. Consume at least 8 glasses of water a day.

b. Stay away from excessive amounts of diuretics (substances that dehydrate your body and your vocal cords). Two of the number one culprits are alcohol and caffeine. So think twice before you have that second cup.

c. The really serious singer will sleep with a humidifier to make sure the vocal chords are kept moist during sleep.

II. THOU SHALT get at least 8 hours of sleep a night. A singer's body is his/her instrument. Mistreat your instrument and it will show. Make sure to give your body and voice the proper rest it deserves.

III. THOU SHALT NOT smoke. Among other incredible health concerns, smoking dries out the mucous-membrane lining of the nose and throat, which adversely affects the voice.

IV. THOU SHALT NOT overuse or mistreat the voice. This would include talking over loud noises such as groups of people and loud machinery. Just like any other muscle, your vocal membranes and muscles can suffer from fatigue. In other words, don't talk too much! It is also stressful to the voice to talk too quickly, so slow it down. Those people that have no choice but to tax their voices on a daily basis—singers, professional speakers, teachers, cheerleaders, auctioneers, etc.—need to protect the voice.

V. THOU SHALT protect yourself from stress and nerve attacks prior to performances. We suggest the following to fight the gig day jitters:

a. Develop a checklist (See "Commandments" on Page 4)

Commandments (From Page 3)

for gig preparation. It might include dry cleaning, reviewing lyrics, or getting your hair cut! (Follow these guidelines and you should be calm, cool, collected, and able to give your best performance.)

b. Leave a few minutes early for the gig or rehearsal so that you can focus prior to the performance. (If this is a new location, be sure you have the proper directions and contact phone number ready ahead of time.)

c. Develop a habit of warming up with an organized vocal exercise program on the way to the gig to prepare your voice properly.

d. Prepare materials to help you during an "off night" or for special circumstances: lyric books, practice CDs and tapes.

e. Have promotional material such as business cards and flyers organized so that you can get at them easily at the appropriate time. Marketing yourself as a singer is as much a part of the battle as singing and performing well in the music industry.

Remember, properly preparing yourself allows you to focus all your energy on your performance.

VI. THOU SHALT NOT eat or drink milk products before performing. Sorry, that means no chocolate or ice cream, among some other great tasting foods. These products cause the mucous-membrane lining of the vocal cords to create a great deal of mucus that covers your vocal cords. In case you can't guess or don't already know, that makes it very hard to sing well. [Isn't this a well-debunked myth?

–CB.]

VII. THOU SHALT keep thyself healthy and virus free. We suggest eating right, exercising regularly (don't forget that cardiovascular work to improve your breathing!), and taking a quality vitamin supplement each and every day. Remember, a singer's body is his/her instrument. A finely tuned and maintained instrument will perform at a much higher level than an instrument that has been neglected.

VIII. THOU SHALT NOT sing without properly warming up. If you were running in a marathon, would you begin without stretching your legs? Of course not. Doing this would risk reduced performance and possible cramping that would take you completely out of the race. The muscles associated with the voice organ would appreciate the same courtesy. Just like those hamstrings, your voice will reward you for taking the time to warm up properly before strenuous use.

IX. THOU SHALT smile. Smiling not only helps with tone placement of the singing voice; it also improves your attitude. Try it! It really works. It's infectious, too!

X. THOU SHALT enjoy life and celebrate every accomplishment no matter how small it may seem. Sing for fun, sing because you love it, sing because you can. Share your voice with the world and enjoy your journey as you learn not just to sing, but to sing with impact!

Tips Originally written by Yvonne DeBandi 1991.

Revised by DeBandi | Lightfoot 1999.

Additional revisions made by DeBandi 2002.

Learn more at <http://YouCanSingWithImpact.com>

Website for Poughkeepsie Newyorkers: <<http://www.newyorkerschorus.org>>